



DC Department of Human Resources
Workforce Development Administration
presents

HEALTH & WELLNESS SERIES
LINE DANCING CLASSES

Wednesdays, January 8, 15, 22, 29
Wednesdays, February 5, 12, 19, 26
Wednesdays, March 5, 12, 19, 26



5:30pm – 6:30pm

441 4th Street NW
1C Break Room
(located on the Basement Level)

No registration required—first 40 employees will be admitted--must sign in and complete a Release Form
For Info: Contact DCHR Workforce Development Administration at 202.442.9624

Open to all DC Government employees
Space is limited

Line Dancing is a great form of exercise in which dancers line up in rows without partners and follow a choreographed pattern of steps to music.

It's great for all ages and all fitness levels and it's a whole lot of fun!



**LIVE
LOVE
LINE DANCE**

