



DC Department of Human Resources  
Center for Learning and Development  
*presents*

2014 HEALTH & WELLNESS SERIES

# LINE DANCING CLASSES

WEDNESDAYS

October 8, 15, 22, 29

Nov 5, 12

Dec 3, 17

5:30pm – 6:30pm

441 4<sup>th</sup> Street NW

1C Break Room

(located on the Basement Level)



No registration required—first 40 employees will be admitted--must sign in and complete a Release Form

For Info: Contact DCHR Workforce Development Administration at

202.442.9624

Open to all DC Government employees

Space is limited

Line Dancing is a great form of exercise in which dancers line up in rows without partners and follow a choreographed pattern of steps to music.

It's great for all ages and all fitness levels and it 's a whole lot of fun!



LIVE  
LOVE  
LINE DANCE

